

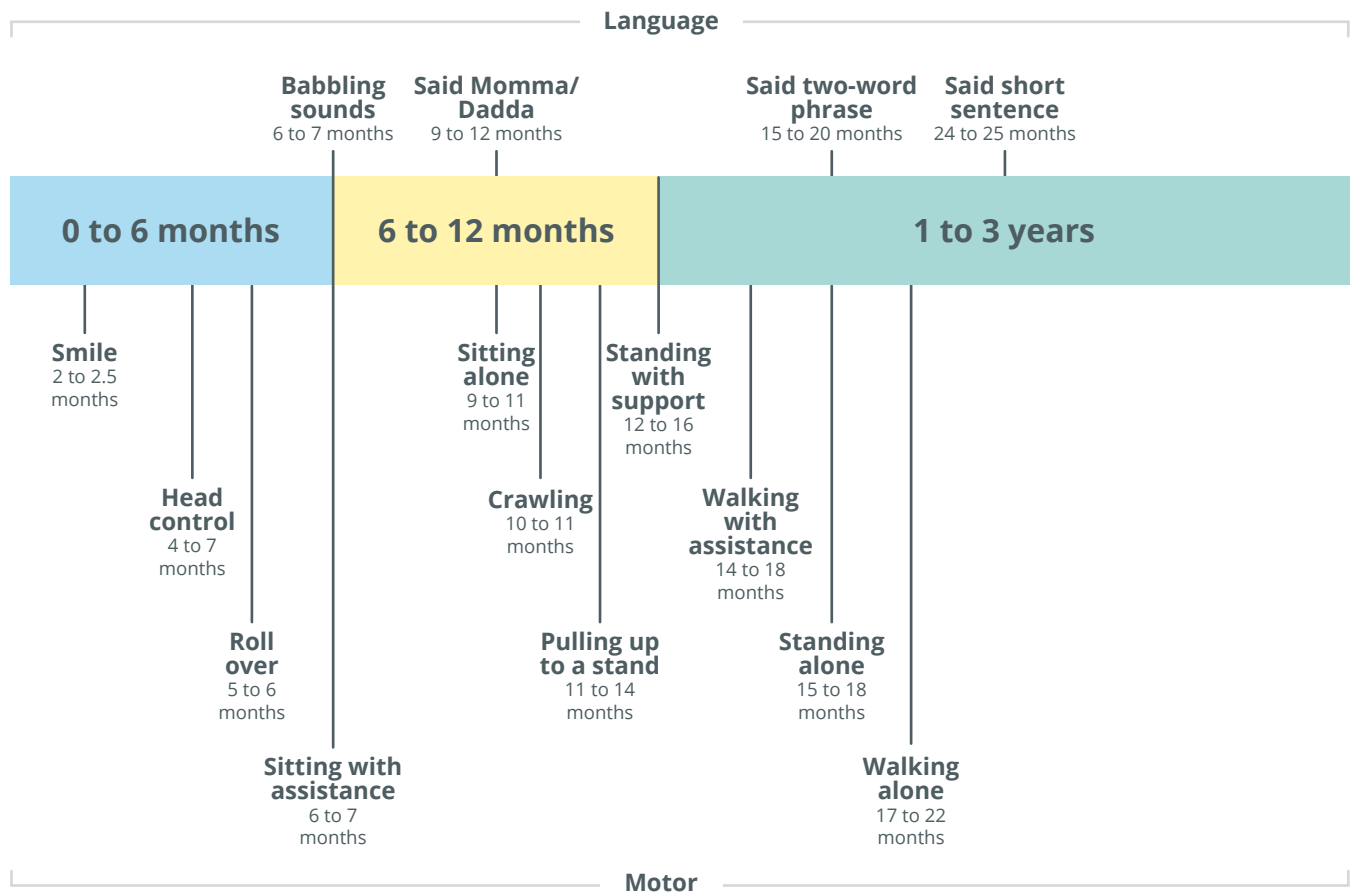


The guide is not intended to serve as medical advice or to substitute for consultation with a US health care professional. Always talk to your doctor if you have any health care related questions or concerns.

Achondroplasia-specific developmental timeline

Children with achondroplasia often develop motor skills (such as rolling over, sitting, crawling, and walking) on an individual timeline. It's important to let your child develop at their own pace. In fact, it could even be harmful to push them to do certain movements, like sitting without support, before they are ready. This chart can help you monitor your child's milestones to ensure that they are on-track. Remember that every child is different and will develop these skills at a time that's right for them.

Timeline for development of gross motor and language skills for most children (50–75%) with achondroplasia:



In rare cases, developmental milestones may not be reached due to severe muscle weakness caused by a neurological problem. If your child has severe muscle weakness or you have any other concerns about their development, talk to your child's health care team.

References: 1. Hoover-Fong J, et al. *Pediatrics*. 2020;145(6):e20201010. 2. *Growth References*. Third edition. 2011.